

BOLDLY APPROACHING THE THRONE OF GRACE (HEB. 4:16)

The Front Side of the Cross

COMMUNION WITH GOD

The normal state of a person who is in Christ. Instinctively recognizes God as God, full of gratitude and praise.

HUMILITY

I recognize that "apart from God, I can do nothing." Quick to surrender and move toward waiting on God if communion is not present. Also recognizes that "what I did came out of my heart." Unless I wait on God and receive from God to get heart change, I will do it again.

UNDER SPIRITUAL ATTACK/NOT FULLY SURRENDERED

Levels of doubt/oppression/struggle. Need to ask God for faith, revelation and go into waiting/receiving.

FAITH IN SELF

Pride: "I can do it by myself" (apart from God). Will pray confession or intercession or warfare prayers that build confidence in self. Regenerates "I can do" attitude.

Self-pity: When pride gets beaten down
"I am better than this/I deserve better."

Self-hatred: "I know I can do better. I will punish me, discipline me until I do better/get better."

LACK OF FAITH IN GOD

Don't believe God can or will rescue. Stay in a place of pleading, begging. Often use religious acts as manipulation tool. Don't believe God can or will judge. Hold onto judgments, bitterness's, envy. Feel justified in rejecting God, being angry with God, or taking matters into own hands.

The Back Side of the Cross

WAITING, LISTENING, GETTING TO A PLACE OF REST

I recognize that I am powerless to change me. I choose to still myself. I stop looking at my sin. I spend some time gazing on the cross and drinking in what Christ did for me.

RECEIVING FROM THE NAME/CHARACTER OF CHRIST

Identify the aspect of God's character that is needed to minister to my heart. I read/meditate on Scriptures on that aspect of God's character (Provider, Healer, etc.) I ask God to show me His vision for what I will look like when fully alive in Him.

NOTICING, GIVING THANKS

Pay attention to any movement, any change in the condition of my spirit. Give thanks for even the smallest positive changes. When we notice and give thanks, the work of God increases; give thanks again!

RENOUNCING

If there have been unholy vows or past involvement with the occult, renounce it. Declare that there will be no future return to the occult.

REBUKING/ENFORCING

Be ready for doubt, confusion, negative attacks spiritually; rebuke it. Call it out by name and declare that it is not of God, and that you will not accept it.

STANDING/OBEYING

Follow any steps of obedience needed to establish the heart change area. Reinforce it with Scriptures, words of commitment to stand and then stand!



THE SEVEN R'S



Recognize

Repent

Release

Receive

Renounce

Rule

Rest